SANDWICHES

SALADS SOUP

\$7.50

\$7.50

SERVED 11AM - 3PM

Feel free to call ahead and we will have your order ready for you.

\$7.50

Please allow 5 - 8 minutes to prepare your panini

NORTHWOODS

PLAIN & SIMPLE \$6.50 Cabot sharp cheddar cheese on Honey Whole Wheat.

NORTHERN SPY \$7.50 Fresh local apples, brie, and apple chutney on Dakota.

ENDLESS SUMMER

Tomatoes, pesto, and provolone on Honey Whole

Wheat **GREEN GODDESS** \$7.50

Organic spinach, red onion, artichoke hearts, lemongarlic mayonnaise, and provolone cheese on Nine Grain.

Basil pesto, roasted portobello mushrooms, roasted

red peppers, and provolone cheese on Nine Grain. **NOR'EASTER** \$8.00

McKenzie all-natural turkey, red onion, smoky tomato chutney and cheddar cheese on Honey Whole Wheat.

BLT \$8.00 Bacon, tomato, organic greens, and mayo on lightly toasted Farmer's White.

BUFFALO CHICKEN \$8.00

McKenzie all-natural chicken with buffalo sauce, red onion, organic spinach, and blue cheese spread on Farmer's White.

Kindly place orders for 10+ meals by 10AM, and 15+ meals at least one day prior FREE DELIVERY of 10+ meals within a five-mile radius.



382 Pine Street Burlington, VT 05401 (802) 660-2733

COLD SANDWICHES

HUMMUS & VEGGIES

Homemade hummus with layers of cucumbers, organic baby greens, and tomato on Honey Whole Wheat.

BASIC 'WICH \$8.00 McKenzie all-natural turkey, Cabot cheddar cheese, tomato, mayo, organic greens on Farmer's White.

\$8.00 **CURRIED CHICKEN SALAD** All-natural diced chicken, celery, red onion, and red grapes with curry dressing and organic baby greens on Honey Whole Wheat.

TUNA SALAD \$8.00 Tuna salad with fresh dill and capers, organic baby areens on Honey Whole Wheat.

SALADS

APPLE & GORGONZOLA

Organic baby greens with fresh apples, gorgonzola, roasted walnuts, and a walnut vinaigrette.

GREEK SALAD \$7.50 Organic baby greens with tomato wedges, cucumber, feta cheese, Kalamata olives and an herb vinaigrette.

TUNA SALAD \$8.00 Our tuna salad with fresh dill and capers over a bed of organic greens.

CURRIED CHICKEN SALAD \$8.00

Our chicken salad with curry dressing over a bed of organic baby greens.

Call to hear our homemade soup of the day. Hot soup in season. Refreshing gazpacho in the summer. 12-oz. \$5.95 | 16-oz. \$6.95 | 32-oz. \$10.95

BAKED GOODIES

Biscotti, cookies, brownies, Savanah bars, lemon bars, \$1.35 - \$2.70 and more!